

## DISTRICT 11



May Van Sickle

Children's Dental Clinic  
founded in 1939

### EXECUTIVE BOARD

2011-2012

#### President

Linda Hartwell  
lindaakapb@aol.com

#### 1st Vice President

Mireya Kilmon  
tessie13@aol.com

#### 2nd Vice President

Barbara Lapsley  
barblaps@bellsouth.net

#### Treasurer

Nancy Desmangles  
nancy\_desmangles@yahoo.com

#### Recording Secretary

Mayra Dominguez  
mayradominguez2001@gmail.com

#### Corres. Secretary

Charo Bolanos  
charobolanos@aol.com

#### Dental Clinic Director

Dr. Iris Torres-Rivera  
iristorres@bellsouth.net

#### 1st Director

Pam Schaefer  
hapygoddess@gmail.com

#### 2nd Director

Claire Frances Whitehurst  
ofelabeltran@bellsouth.net

#### 3rd Director

Dorothy Thomson  
mayor85@aol.com

#### Newsletter Editor

Pam Schaefer  
hapygoddess@gmail.com

# Coral Gables Woman's Club

ORGANIZED 1923 - FEDERATED 1929

# CORAL VINE

VOLUME 4 - ISSUE 5

AUGUST 2011

## President's Message

Do you believe it's already August and September is just around the corner! I hop you're all enjoying the summer months and taking some time off to relax and rejuvenate. On that note, I found these beauty tips in the GFWC Florida Potpourri Book and wanted to pass them along to you.



When Audrey Hepburn was asked to share "beauty tips" she wrote -

For attractive lips, speak words of kindness.

For lovely eyes, seek out the good in people.

For a slim figure, share your food with the hungry.

For beautiful hair, let a child run his or her fingers through it once a day.

For poise, walk with the knowledge that you never walk alone.

We leave you a tradition of the future. The tender loving care of human beings will never become obsolete.

People, even more than things, have to be restored, renewed, revived, reclaimed, redeemed and redeemed. Never throw anyone away. Remember, if you need a helping hand, you'll find one at the end of your arm. As you grow older, you'll discover that you have two hands; one for helping yourself, the second for helping others.

You have great days still ahead of you. May there be many of them.

*In Peace, Love and Unity*

Linda

---

**AUGUST 17 - BINGO NIGHT 6:30 p.m.**

to benefit Operation Smile.

Bring your family and friends! Bring an Hors D'oeuvre to share

**AUGUST 24 - BOARD MEETING 6:30 p.m.**

1001 E. Ponce de Leon Blvd, Coral Gables, FL 33134

# Treasurer's Report



May 2011 Treasurer's Report:

Amtrust Operating Account: \$84,223.24

Amtrust Gold Money Market: \$65,051.79

During the month of June interest earned for the operating account was \$17.81 and \$18.71 for the Money Market.

There are still some members that have not paid your dues. They were due in May. Please send me a check or credit card number:

\$75 for Active Member of \$45 for Associate

mail to me: 110 Sidonia Ave., Apt 12, Coral Gables, FL 33134



## Arts

[Patty Hendon-patticake603@gmail.com](mailto:PattyHendon-patticake603@gmail.com)



Hi Ladies,

We have two exciting nights planned for fun in August! The Miami Woman's Club has invited us to "Cirque Eloize" on **Tuesday, August 9th** -6:30 p.m. at the Adrienne Arsht Center- Sanford and Dolores Ziff Ballet Opera House, 1300 Biscayne Blvd This would be a wonderful event for us to do together and support a sister club's fundraising efforts to help them with their clubhouse.

The prices are as follows: \$75 for Show Orchestra Seating and Reception, \$50 Show only 2nd Tier. Tickets MUST be purchased in advance no later than Wednesday, August 3rd.

There will be free parking at the Miami Woman's Club. Please send your tax deductible checks to Miami Woman's Club, c/o Mrs. Shirley Padron, 5600 NE 5 Avenue, Miami, 33137.

Also...movie watchers this month is for you! On August 10, "The Help" premieres starring Emma Stone, Viola Davis, Octavia Spencer and Bryce Dallas Howard. The movie is about a look at what happens when a southern town's unspoken code of rules and behavior is shattered by 3 courageous women who strike up an unlikely friendship. Check your email for the date, time and place. Hope everyone is living well, loving much and laughing often! Enjoy the rest of the summer!



# Conservation News

Maryann Etkin - [maryann.etkin@gmail.com](mailto:maryann.etkin@gmail.com)

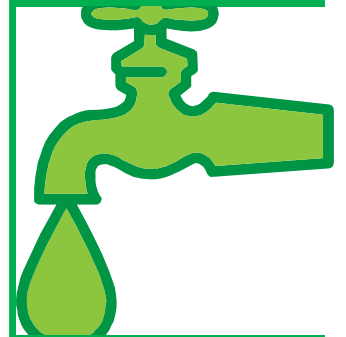


I am an avid newspaper reader. Every morning I read the Miami Herald to catch up on local events and a bit of world news. I was intrigued by an article by Jackie Bueno Sousa entitled "To Save Water, Charge for Overuse". She told of a home in Palm Beach which is 32,000 sq.ft. and has 19 bedrooms. (Must be a really large family!!!) They use a million gallons of water a month! It would take a typical Florida home owner more than 10 years to use million gallons! When the home owner was asked if her excessive water use should be surcharged, she replied that she should not, and that the town should build a desalination plant to ensure adequate water supply.

Nice idea and maybe someday we will need to do this, but maybe that is not the answer to excessive water use now. Florida has been in one of the most severe droughts in the states history. We are not alone. Many other states have the same problem. According to the author Sousa, "The regions water use has become a problem that will only grow worse, affecting not only our wallets but our future growth prospects as well. Given our population projections for the coming decades, its only a matter of time before South Florida will need to invest in desalination plants. Her suggestion is to surcharge excessive users of this precious resource.

If we think a gas crisis is tough wait until we have a water crisis, which a good friend of mine predicts for the future. He might know since he worked for the U.N. as a water expert for some 30 years and has watched as the worlds water supplies are drying up. So as stewards of this earth, we call all do our best to conserve water where we can and maybe encourage those who use excessive water, like our neighbor to the north, to be more thoughtful and prudent in their use of everyone's precious water.

At our next meeting in September, I will have information about a great school program teaching kids to be kind to animals sponsored by the Humane Society. And everyone please do a little rain dance! I know it's been raining a lot here, but we still need the water!





*Look for this logo!  
Please bring in your  
Box Tops for  
Education at any  
meeting for our  
ongoing collection  
to help local schools  
turn them into cash!*



## Education

Lisa Merheb – [lisamarie.cgwc@gmail.com](mailto:lisamarie.cgwc@gmail.com)



Happy Summer! I hope everyone is enjoying their summer break and taking in the slow pace that it brings. This is the time to enjoy reading those books near the pool, in a hammock under some palm trees at the beach, or in the comfort of your home. I hope that you took advantage of the summer reading program that the public library offers to your children or grandchildren. It rewards children for reading books in the summer and makes reading an enjoyable experience. If you prefer to be read to, come to the Coral Gables Library on August 6, 2011 from 2:00-2:30 and spend a lively afternoon listening to Fairytales, Irish stories, and funny stories by a professional story teller named “Grasshopper”. See the Miami-Dade Public Library website for events like these near your home at [www.mdpls.org](http://www.mdpls.org).

We are going to have our Educational Fun night soon to get a kick start to the school year, so stay tuned!

### **TUCKER ELEMENTARY NEEDS OUR HELP!!!**

**Please bring in Composition Notebooks  
to our Bingo Night for the Students.**

**If you would prefer to donate cash I will buy them.**

## Home Life

Sabrina Perez-King - [Sabrina@premiumcleaners.com](mailto:Sabrina@premiumcleaners.com)



Wow! It is HOT out there! Please make sure to stay hydrated at all times. You can keep a bottle with you, as long as you don't leave it in the car. The heat penetrates through the plastic and can cause hazardous toxins to get in the water. Also, eat plenty of cold fruits and vegetables to satisfy your appetite without increasing body temperature so much.

I know that those of you that have decided to join the fitness challenge are making steady progress, so please keep it up! If you have any questions please call me. **STAY HEALTHY!!!**

# International Outreach

Mitzy Jenner - [mitzyjen601@aol.com](mailto:mitzyjen601@aol.com)



Hello Ladies!

Hope all of you are enjoying your summer. Just a reminder; on **August 17** we will be having a **Bingo Night!** The monies received that evening will go towards Operation Smile. Please feel free to invite any friends who would like to attend. **Please RSVP to me by Monday, August 15!!!**

Instead of dinner, **EVERYONE** please bring an appetizer—anything light.

Looking forward to a fun night!!!



## A Message from our Mrs. Cuba International



Hello Ladies,

Thank you so much for sponsoring me for the Mrs. International Pageant. I met accomplished beautiful women all representing their states and countries just like all of you. I spoke about the GFWC and many were interested in becoming members in their city, so I felt as if I represented the GFWC and our club to the best of my ability. My platform mission was also accomplished. Although I did not win or place in the top 5, I am leaving with a sense of purpose and peace. I was meant to be there, when a pregnant contestant next to me went into convulsions and premature labor, I was able to assist until fire rescue arrived. It is by no coincidence that I was assigned a dressing room of a contestant that was just diagnosed with Rheumatoid Arthritis. God does have a plan. I will write and post pictures about my experience in the next newsletter.



# Public Issues

Mireya Kilmon - [tessie13@aol.com](mailto:tessie13@aol.com)



## Do You Know How to Prepare for a Hurricane?

Hurricanes are dangerous events. Those of us who have lived through one of these fierce storms are aware of their awesome potential. If you're new to the area, it's easy to fall victim to the "How bad can a storm be?" syndrome. In this article, we look at the simple measures you can take now to ensure that your family is ready for hurricane season.

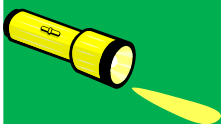
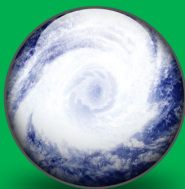


1. Select a safe place for the family to weather the storm. This may be a location in your home—consider a windowless room on the bottom floor.

*Continued on page 6...*

# Public Issues Cont'd

from page 5



If your home doesn't have a safe area, you should know the locations of at least two emergency shelters near your home. If you have special medical needs and don't think you'll be able to get to the shelter on your own, contact the county in advance to make prior arrangement.

2. Stock up on food and water. You should have enough non-perishable food and water in your home to last the family for at least a few weeks. If your stock of supplies is old, be sure to refresh it. You might want to purchase new canned goods every few years and rotate the rest through your pantry. Water should be replaced yearly.
3. Prepare other disaster supplies. You'll need to stock up on batteries, flashlights, rope, tarps, plastic bags, bad-weather clothing and other essentials to help you through the aftermath of a bad storm.
4. Get your home ready. If you have hurricane shutters, make sure that you have all of the parts and have some extra screws/washers handy. If you don't, have a supply of plywood precut to fit your windows. Gather any thing loose in your yard and store it in the garage.
5. Develop a family communication plan. You might become separated before or after the storm. It's a good idea to have an out-of-state contact (a relative up north?) to act as the point of contact for all family members in the event of an emergency.
6. Check your insurance coverage.
7. Plan for pets, shelters will not accept pets.
8. Keep your vehicles gassed up to at least half a tank at all times through out hurricane season.

### What You Will Need:

- |                     |                        |                                   |             |
|---------------------|------------------------|-----------------------------------|-------------|
| Non-perishable food | First Aid Kit          | Drinking Water                    | Flashlights |
| Batteries           | Battery-operated Radio | Medication for all family members |             |
|                     | Cash                   | Toiletries                        | Clothing    |

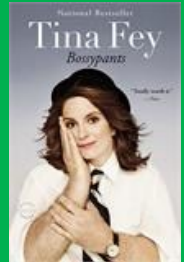
## Book Club

Christy Saxon-Hernandez - [christy0427@msn.com](mailto:christy0427@msn.com)



I want to thank Carmen for hosting us in her beautiful home and all of you in attendance who made such delicious food and shared of yourselves that made for great conversation and retrospect on the complex first book of the Beauty series. It was truly a feast for the senses. Thank you Carmen!!

Aug. 15th we are meeting at Maryanne Etkins's home for dinner and discussion of *The Paris Wife* at 6:30p. Maryanne is providing the French appetizer, entree, and red and white wines. Merci Maryanne! Those who signed-up in our email list will bring the salads and desserts. We decided that our following book will be *Bossypants* by the hilarious Tina Fey. I will happily hostess this meeting at the clubhouse on Mon., Sept. 26th at 6:30p. Make your plans now ;)



## 2nd Director

Claire Frances Whitehurst - [ofeliabeltran@bellsouth.net](mailto:ofeliabeltran@bellsouth.net)



I hope everyone is enjoying their summer. This is just a reminder to all our wonderful members and chairmen. Please remember to write everything down that you have done as a representative of the Coral Gables Woman's Club. Please give this information to your chairman. We need what you did, the hours, money donated, what things cost, what type of profit was made etc. This is all for reporting purposes that have to be turned in by the end of 2011. Our reporting year started on January 1, 2011 and will end on December 31, 2011. This is so important to do. The sooner we can record what was done the easier it will be to pull together at the end of the year. Thank you for all for all you wonderful ladies do. God Bless You All.



## District 11 News

Pam Schaefer - District Director

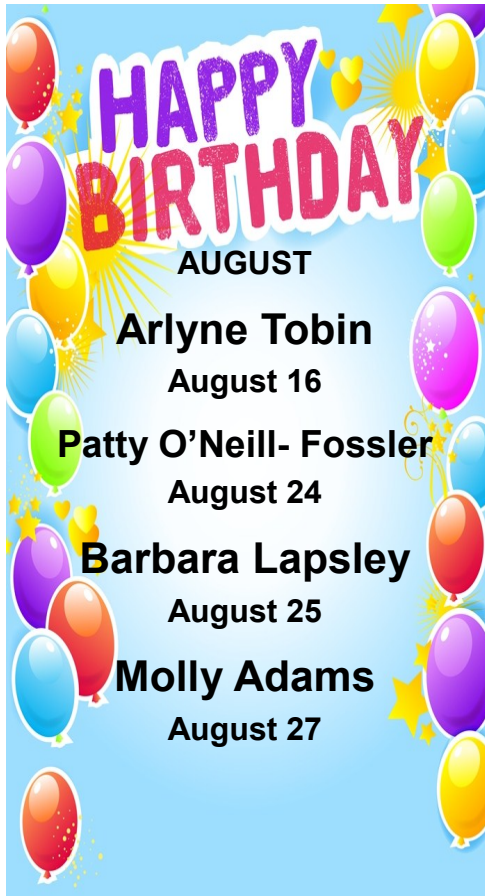
Look at the NEWLY DESIGNED [www.gfwcflorida.org](http://www.gfwcflorida.org)



August 16 - 11:30 am Woman's Club of Hialeah  
Pirate Party \$10.00

August 24—2-4pm Coco Plum Woman's Club  
Ann's 4th Annual English Tea Party admission \$20.00





Our Thoughts & Prayers  
Are Always with You!

**Club Members**

Molly Adams

Cathy Blanton

Lou Popp

Claire Frances Whitehurst

**District 11 Members**

Janet Barone

Charlyne Carruth

Mary Wingett

Dottie Zammis



CORAL GABLES WOMAN'S CLUB

1001 E. Ponce de Leon Blvd.

Coral Gables, FL 33134